

## CLAIMS

What is claimed is:

1. A method for treating a sebaceous gland disorder comprising the steps of
  - a) topically applying an energy activatable material to a section of skin
  - 5 afflicted with a sebaceous gland disorder, wherein said material is activated by energy which penetrates outer layers of epidermis,
  - b) iontophoretically causing a sufficient amount of said material to infiltrate into spaces in said skin; and
  - c) exposing said section of skin to energy sufficient to cause said
  - 10 material to become photochemically or photothermally activated, thereby treating said sebaceous gland disorder.
2. The method of claim 1, wherein said energy activatable material is selected from the group consisting of chromophore containing groups, carbon particles and iron oxides.
- 15 3. The method of claim 1, wherein said chromophore containing group is methylene blue.
4. The method of claim 1, wherein said chromophore containing group is a laser sensitive material.
5. The method of claim 4, wherein said laser sensitive material is methylene
- 20 blue.
6. The method of claim 1, wherein said energy activatable material is suspended in a pharmaceutical carrier.
7. A method for modifying the opening to the infundibulum comprising the steps of:

a) topically applying an energy activatable material to the opening to the infundibulum, wherein said material is activated by energy which penetrates outer layers of epidermis,

5 b) iontophoretically causing a sufficient amount of said material to infiltrate into spaces about said infundibulum; and

c) exposing said section of skin with sufficient energy to cause said material to become photochemically or photothermally activated, thereby modifying said opening to the infundibulum.

8. A method for modifying the pilosebaceous unit comprising the steps of:

10 a) topically applying an energy activatable material to the pilosebaceous unit, wherein said material is activated by energy which penetrates outer layers of epidermis,

b) iontophoretically causing a sufficient amount of said material to infiltrate the pilosebaceous unit; and

15 c) exposing said section of skin with sufficient energy to cause said material to become photochemically or photothermally activated, thereby modifying the pilosebaceous unit.